

PSHE	LONG TERM PLAN		
	Autumn Term	Spring Term	Summer Term
THEME	RELATIONSHIPS	HEALTH & WELLBEING	LIVING IN THE WIDER WORLD
Year 1	<p><b>TEAM</b> <b>(Together Everyone Achieves More)</b> Aim: Enable children to develop successful collaborative working skills such as good listening.</p>	<p><b>Aiming High</b> Aim: Children will learn about having high aspirations, discuss their targets and what they are looking forward to.</p>	<p><b>Diverse Britain</b> Aim: To help children identify that they belong to a community and groups and how they can contribute positively.</p>
Year 2	<p><b>VIPs</b> Aim: It enables children to identify what makes someone special in order to help them identify the special people in their lives. It aims to teach child the importance of cooperation and how they show this.</p>	<p><b>Think Positive</b> Aim: Children explore different emotions (both positive and negative) and how to manage them in order to make good choices.</p>	<p><b>Respecting Rights</b> Aim: To enable children to explore the concept of difference and fairness and encourages them to reflect on how we should behave towards those who are different from us.</p>
Year 3	<p><b>TEAM</b> <b>(Together Everyone Achieves More)</b> Aim: Enable children to consider the impact of their actions on others to develop teamwork skills and think positively about themselves and others.</p>	<p><b>Aiming High</b> Aim: Children will explore what they have achieved so far, share aspirations for the future and explore the concept of resilience.</p>	<p><b>Money Matters</b> Aim: To encourage children to think about where money comes from and how it can be used. Children begin to consider priorities when spending money and choices we might make when thinking about ethical spending.</p>
Year 4	<p><b>VIPs</b> Aim: Building on prior knowledge of how relationships are established and maintained, children consider the qualities of a good friend and apply these to a real-life context such as solving disputes and bullying.</p>	<p><b>Think Positive</b> Aim: Children build on their understand of comfortable and uncomfortable emotions and discuss how our attitudes towards life can impact our mental health. Lessons include positive thinking, managing difficult emotions and taking responsibility.</p>	<p><b>One World</b> Aim: To enable children to explore the concepts of inequality and stereotypes and encourage them to reflect on what they can do to help make the world a fairer place.</p>
Year 5	<p><b>TEAM</b> <b>(Together Everyone Achieves More)</b> Aim: Children develop the skills to disagree respectfully and communicate effectively when considering how their role impacts others.</p>	<p><b>Aiming High</b> Aim: Children will explore their achievements, challenges they might face and the type of attitude which contribute to success.</p>	<p><b>Diverse Britain</b> Aim: To enable children to identify how they can make a positive contribution to their community.</p>
Year 6	<p><b>VIPs</b> Aim: Building on prior knowledge, children consider conflicts within relationships as well as secrets and dares, healthy and unhealthy relationships.</p>	<p><b>Think Positive</b> Aim: Children continue to build on their understanding of feelings and thoughts to consider links between mindfulness and good choices applied to life.</p>	<p><b>Respecting Rights</b> Aim: Children consider the concept that we all make choices to live as rights-respecting citizens. It aims to help children explore the ideas of equality and discrimination and the consequences of both.</p>

# ASSESSMENT END POINTS

## PSHE



Dedicated to Excellence

By the end of ...	Knowledge End Points
Year 1	<p><b>Relationships:</b></p> <ul style="list-style-type: none"><li>✓ Children will be able to follow instructions to work as a team.</li><li>✓ Children will be able to think of ways to show acts of kindness to others and act on these.</li></ul> <p><b>Health and Well-being:</b></p> <ul style="list-style-type: none"><li>✓ Children will be able to talk about what they are good at.</li><li>✓ Children will be able to talk about their hopes for the future and the skills they might need.</li></ul> <p><b>Living in the Wider World:</b></p> <ul style="list-style-type: none"><li>✓ Children will be able to identify groups and communities that they belong to.</li><li>✓ Children will be able to explain how to be a good neighbour.</li></ul>
Year 2	<p><b>Relationships:</b></p> <ul style="list-style-type: none"><li>✓ Children will be able to describe what makes someone a good friend.</li><li>✓ Children will be able to explain who the special people in their lives are.</li><li>✓ Children will be able to identify ways of showing others they care.</li></ul> <p><b>Health and Well-being:</b></p> <ul style="list-style-type: none"><li>✓ Children will be able to describe things which make them feel happy and unhappy.</li><li>✓ Children will be able to focus on an activity remaining calm and still.</li><li>✓ Children will be able to understand that they have a choice about how they react to different situations.</li></ul> <p><b>Living in the Wider World:</b></p> <ul style="list-style-type: none"><li>✓ Children will be able to talk about what respect means and how to show it.</li><li>✓ Children will be able to explain that all people have rights.</li><li>✓ Children will know what to do if they don't feel safe.</li></ul>

<b>Year 3</b>	<p><b>Relationships:</b></p> <ul style="list-style-type: none"><li>✓ Children will be able to talk about their personal achievements and skills.</li><li>✓ Children will be able to discuss the skills you might need for certain jobs.</li></ul> <p><b>Health and Well-being:</b></p> <ul style="list-style-type: none"><li>✓ Children will be able to identify feelings and how they might be expressed.</li><li>✓ Children will be able to start thinking about how disputes could be resolved using picture prompts.</li></ul> <p><b>Living in the Wider World:</b></p> <ul style="list-style-type: none"><li>✓ Children will be able to discuss where money comes from and why people go to work.</li><li>✓ Children will be able to discuss the choices people make about how they might spend their money and why.</li></ul>
<b>Year 4</b>	<p><b>Relationships:</b></p> <ul style="list-style-type: none"><li>✓ Children will be able to discuss how our attitudes can impact our friendships.</li><li>✓ Children will be able to discuss the difference between a dispute and bullying.</li></ul> <p><b>Health and Well-being:</b></p> <ul style="list-style-type: none"><li>✓ Children will be able to recognise that it is important to look after our mental health.</li><li>✓ Children will be able to identify comfortable and uncomfortable emotions and what might cause them.</li></ul> <p><b>Living in the Wider World:</b></p> <ul style="list-style-type: none"><li>✓ Children will be able to recognise that other people can have different opinions.</li><li>✓ Children will be able to recognise that their actions can have an impact on the world.</li></ul>

<p><b>Year 5</b></p>	<p><b>Relationships:</b></p> <ul style="list-style-type: none"> <li>✓ Children will be able to express opinions respectfully.</li> <li>✓ Children will be able to discuss what a compromise is.</li> <li>✓ Children will be able to discuss what collaborative working is.</li> </ul> <p><b>Health and Well-being:</b></p> <ul style="list-style-type: none"> <li>✓ Children will be able to discuss the skills needed to succeed, they have needed and potential barriers.</li> <li>✓ Children will be able to discuss what a helpful learning attitude is.</li> </ul> <p><b>Living in the Wider World:</b></p> <ul style="list-style-type: none"> <li>✓ Children will be able to explain what a community is.</li> <li>✓ Children will be able to explain how and why laws are made.</li> </ul>
<p><b>Year 6</b></p>	<p><b>Relationships:</b></p> <ul style="list-style-type: none"> <li>✓ Children will be able to identify which secrets are OK to keep and which need to be shared with support.</li> <li>✓ Children will be able to identify aspects of healthy and unhealthy relationships.</li> <li>✓ Children will be able to explain ways to resist pressure with support.</li> </ul> <p><b>Health and Well-being:</b></p> <ul style="list-style-type: none"> <li>✓ Children will be able to talk about their thoughts, feelings and behaviours.</li> <li>✓ Children will be able to discuss ways in which positive thinking can be beneficial.</li> <li>✓ Children will be able to identify helpful and unhelpful thoughts.</li> </ul> <p><b>Living in the Wider World:</b></p> <ul style="list-style-type: none"> <li>✓ Children will be able to talk about what it means to be a rights-respecting citizen.</li> <li>✓ Children will be able to recognise that there are people across the world whose rights are not met.</li> </ul>