

Year 5/6

Year 6

committed relationship regulate calm disagreement influences secrets unhealthy relationship

thoughts/feeling/behaviour pyramid concept impact consequences growth/fixed mindset

Universal Declaration of Human Rights discrimination activist

Year 5

attribute communication compromise collaborate reflection

self-worth career future self-worth

faith ethnicity community legal/illegal democracy government charity voluntary

Year 3/4

Year 4

maintain support network conflicts bullying/anti-bullying

mental health thoughts feelings mindfulness emotions resilience

values customs stereotype impact climate change

Year 3

actions behaviour consideration dispute resolution negotiate

achieve positive learning attitude skills attributes equal opportunities

job money payment borrowing lending advertising budget

Year 1/2

Year 2

safety important family friendship argument physical cooperate

behaviour happiness mood cope thankful mindful

rights responsibilities protect others' rights differences fair

Year 1

same/different love/care respect listen kind/unkind lonely teasing bullying learning choices

special difficult/strength like/dislike interest opinion goal change loss

community rules role responsibility environment British

Reception

myself feelings families home friends help

exercise healthy food sleep clean body water

others house town world country