

Year 5/6

Technique, downsweep, upsweep, flight, rhythm, stride, formation, posture, performance, canon, relationship, choreograph, phrase, contrast, structure, fluently, connect, technique, agility, momentum, drive, power, agility, generate force, continuous, measure, flexibility, analyse, record, symmetrical, rotation, aesthetics, canon, asymmetrical, synchronisation, progression, formation, counter balance, fluently, stability, tactics, offside, control, foul, support, pressure, obstruction, onside, consecutive, formation, conceding, dictate, shut down, volley, co-operatively, footwork, set, dig, forecourt, backcourt, tactical, collaborate, control card, collective, navigation, overtake, pressure, tackling, backing up, outwit, consecutive, drive hit, defensive hit, par, tactics, hole, officiate, pressure, fair play, power, support, cooperatively, sportsmanship, hazard,

Year 3/4

Speed, power, strength, accurately, higher, further, faster, control, pace, officiate, perseverance, determination, accuracy, personal best, track, receive, chest, shoulder, overhead, accurate, release, select, control, consistently, technique, persevere. Flow, explore, create, perform, match, feedback, expression, represent, reaction, dynamics, unison, control, strength, accurately, distance, balance, control. Technique, co-ordination, healthy, progress, muscle, stamina, distance, control, tension, coordination, rhythm, momentum, decelerate, transfer, accelerate, pace, stability, flow, explore, create, matching, interesting, control, contrasting, quality, perform, invert, technique, apparatus, extension, receiver, footwork, rebound, tracking, interception, mark, travelling, playing area, outwit, opposition, opponent, contact, pivot, court, field, pitch, serve, accurately, track, racket, control, rally, rules, route, trust, navigate, grid, discuss, plan, leader, effectively, symbol, inclusive, orientate, strike, grip, rounder, backstop, bowl, post, wicket, batting, wicket keeper, fielding, stance, retrieve, opposition, stumped, technique, sculling, crawl, breast stroke, submersion, rotation, backstroke, huddle, alternate, survival, buoyncv. Rules. dodge. drive. receiver. putt. course. block.

Year 1/2

Far, hop, aim, fast, slow, bend, aim, improve, direction, travel, sprint, jog, distance, height, take off, landing, overarm, underarm, far, aim, safely, direction, balance, send, collect, target, dribble, distance, counts, pose, level, slow, fast, balance, mirror, action, pathway, direction, speed, timing, exercise, heart, lungs, mood, body, strong, pace, race, speed, jog, steady, sprint, dodge, jog, hurdle, speed, steady, sprint, link, pathway, sequence, tuck, straddle, speed, star, pike, defender, points, dribbling, attacker, score, partner, received, send, teammate, chestpass, possession, goal, dodge, bounce pass, receive, quickly, trap, defend, return, collect, against, lead, co-operate, teamwork, solve, instructions, support, successful, map, direction, communicate, hit, points, target, throw, catch, score, points, throw, far, partner, distance, accurate, send, feel, breath, copy, listen, slowly, focus, position, flow, pose, create, choose.

Reception

FUNDAMENTALS - Push, stop, jump, space, forwards, backwards, safely, balance, run, roll, team, kick, space, catch, move, copy, shape, travel, sideways, forwards, backwards, balance, safely, skip, copy, shape, rock, around, pass, team, tag, share, follow, listen, safely, space, aim,