

	Cycle A – 2023 - 2024					
	Autumn 1	Autumn 2	Spring 1	Spring 1	Summer 1	Summer 2
<b>Reception</b>	Fundamentals	Introduction to PE: Unit 1	Gymnastics: Unit 1	Dance: Unit 2	Ball Skills: Unit 1	Games: Unit 1
	Fundamentals: Mr Football					
<b>Years 1 and 2</b>	Fundamentals	Gymnastics	Dance	Yoga	Fitness	Team Building
	Ball Skills	Sending and Receiving.	Target Games	Invasion Games	Net + Wall	Athletics
<b>Years 3 and 4</b>	Fundamentals	Gymnastics	Dance	Yoga	Fitness	OAA
	Tennis	Basketball	Football	Golf	Cricket	Athletics
Swimming – each class will get one term.						
<b>Years 5 and 6</b>	Volleyball	Gymnastics	Dance	Fitness	Yoga	OAA
	Tennis	Basketball	Football	Golf	Cricket	Athletics

	Cycle B – 2024 - 2025					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Reception</b>	Fundamentals	Introduction to PE: Unit 1	Gymnastics: Unit 1	Dance: Unit 2	Ball Skills: Unit 1	Games: Unit 1
	Fundamentals: Mr Football					
<b>Years 1 and 2</b>	Fundamentals	Gymnastics	Dance	Yoga	Fitness	Dance
	Ball Skills	Striking and Fielding	Team Building	Invasion Games	Net + wall	Athletics
<b>Years 3 and 4</b>	Dodgeball	Gymnastics	Dance	Yoga	Fitness	Basketball
	Ball Skills	Netball	Tag Rugby	Cricket	Rounders	Athletics
Swimming – each class will get one term.						
<b>Years 5 and 6</b>	Badminton	Gym		Dance		Tennis
	Dodgeball	Hockey	Tag Rugby	Handball	Netball	Athletics