



## Ox Close Federation Newsletter Friday 21<sup>st</sup> June 2024 – Volume 33

### Federation Closed – Friday 28<sup>th</sup> June

Please remember that Nursery and School are closed next Friday for a Professional Development day.

### OxFest 2024

It's less than a week until OxFest 2024! We hope you are getting as excited as us. We sent a letter out at the beginning of this week with all the information you will need to enjoy the afternoon as safely as possible. And the forecast is still clear ... our sun dances are working! Please contact the school office if you have any questions or queries but if not, we will see you all next Thursday from 1pm!

### Spennymoor Gala - Saturday 6th July

On Saturday 6th July, we would love you to come along to join other children, parents, carers, staff and governors in parading through Spennymoor town as part of the Gala parade. The Gala's theme this year is A Carnival of Colour, we would ask that you come dressed in as many colours as possible - maybe even your festival outfit from OxFest! We will be parading two special banners - one to say goodbye to Ox Close and one to welcome Springmoor Grange during the parade. We ask that parents/carers take responsibility for the children throughout the parade. Please feel free to bring along some sweets to throw into the crowd as I know this is a popular tradition for the Gala.

### Springmoor Grange Uniform

As you know, we have had a one year transition between the Ox Close and Springmoor Grange uniforms. Just a reminder that from September, children are expected to wear the Springmoor Grange Uniform. The uniform is:

Early Years (Nursery and Reception)	Purple Sweatshirt or Cardigan Yellow Polo Shirt Black/Grey Joggers (Nursery Only) Grey Trousers/Skirt/Pinafore Purple Checked Summer Dresses Trainers (Nursery) and Black Shoes (Reception)
Years 1, 2, 3 and 4	Purple Sweatshirt or Cardigan White Polo Shirt Grey Trousers/Skirt/Pinafore Purple Checked Summer Dresses Black Shoes
Years 5 and 6	Purple V Neck Jumper or Cardigan White Cotton Shirt School Tie Grey Trousers/Skirt/Pinafore Purple Checked Summer Dresses Black Shoes

If you wish to purchase the logo on the uniform, it can be purchased using the following link:

[Springmoor Grange School – C & A Embroidery and Print \(caembroidery.co.uk\)](https://caembroidery.co.uk)

### Head Lice

As we have had reports of head lice in school, we would ask that parents check and comb their child's hair regularly and purchase treatments if appropriate.

## Weekly Class Charts Top Scorers

<b>Reception</b>	Saylor S	<b>Year 4</b>	Martha G
<b>Year 1</b>	Luca H	<b>Year 5</b>	Sonny K
<b>Year 2</b>	Matthew H	<b>Year 6</b>	Alfie E
<b>Year 3</b>	Dalton Q		

### Attendance

Overall attendance for the week is 92.6%% and the Year Group with the highest attendance is Reception with 96.6%. The overall school attendance for the academic year is 94.8%.



### Punctuality

The Primary starts at 8:45am, with the gates opening from **8:35am**. Please ensure that your child is at school on time so that they do not miss out on any learning. This week, we have had 344 late minutes.

### Dates for the Diary

Monday 24 <sup>th</sup> June	Reception Visit to Auckland Castle Project
Thursday 27 <sup>th</sup> June	OX FEST
Friday 28 <sup>th</sup> June	Federation Closed – PD Day
Wednesday 3 <sup>rd</sup> July	9:30am – Y5/6 Sports Day
Wednesday 3 <sup>rd</sup> July	1:30pm – Y3/4 Sports Day
Thursday 4 <sup>th</sup> July	Federation Closed – Polling Day
Saturday 6 <sup>th</sup> July	Spennymoor Gala
NEW DATE - Tuesday 9 <sup>th</sup> July	9:30am – Y1/2 Sports Day
NEW DATE - Tuesday 9 <sup>th</sup> July	1:30pm – Reception Sports Day
Thursday 11 <sup>th</sup> July	Year 3/4 Visit to Theatre
Tuesday 16 <sup>th</sup> July	Year 6 Celebration
Wednesday 17 <sup>th</sup> July	10am and 2pm – Nursery Graduation and Celebration
Thursday 18 <sup>th</sup> July	9:30am – Year 6 Celebration Assembly
Friday 19 <sup>th</sup> July	2:15pm – Year 6 Guard of Honour
Friday 19 <sup>th</sup> July	3:15pm – Ox Close Federation Closes
Monday 9 <sup>th</sup> September	Springmoor Grange School opens to children

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

# 10 Top Tips for Parents and Educators

## PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

### 1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

### 2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

### 3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

### 4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

### 5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

### 6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

### 7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

### 8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

### 9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

### 10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

## Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

The National College

# Summer term 2 in 5/6R



This week we finished of our History topic that focused on the Vikings and the Anglo Saxons. We have all worked so hard this year in wider curriculum lessons and it was lovely to be able to complete the final history task outside!



In Year 6 Science, we have focused on light and investigated how light travels in straight lines, how shadows are formed and how reflections occur. We then discovered how the angle of incidence effects the angle of reflection.



This will be the final newsletter for 5/6R this year. Well done to everyone for a fantastic, hard-working year! Good luck to all Year 6's that will move to secondary school in September!



Year 6 have loved having the opportunity to use our microbits to develop their programming skills. We have been able to change the picture, add music as well as make the items move!

Well done 5/6R!!



In Year 5 Science, we have been learning about reversible and irreversible changes and have observed these by conducting our own scientific investigations.



**PE**—Please could children have PE kits in school at all times. With the weather getting nicer (long may it continue) we will hopefully be able to spend more time outside playing various activities and games. Children may also want to bring sunhats and sun cream into school.

I hope you all have a lovely summer!